



## CASE STUDY SUBMISSION TEMPLATE

We would like a case study to be a regular feature in our quarterly talkFESt newsletter. It's an opportunity to share experiences, rather than an academic exercise.

With this in mind we have outlined some simple guidelines to help shape your submissions. You could use this process as a reflection for your CPD! The case study should take you less than 30 minutes.

### Please email submissions to:

Emma.Hallewell@odstockmedical.com

# Length of article

Maximum 2 sides of A4

### Confidentiality

Refer to patient with letter e.g. Mr B (not real initial)

### Content

Diagnosis and history: please include relevant information for example; previous medical history, social history and drug history.

Subjective assessment and patient objectives: what are the problems from the patient's perspective and what do they hope to achieve?

Objective assessment and collaborative goals: what are the important objective features and SMART goals? Why did you choose particular outcome measures?

Treatment plan: this may be purely FES or a combined approach.

Outcomes: what do your outcome measures show?

Discussion: what are the clinical implications of your findings? How might the findings change your clinical practice?

In short, brush the dust off the CPD folders and get writing!