

Initial Assessment for Lower Limb Functional Electrical Stimulation

| | | | |
|-----------------------------------|----------------------------|------------|-------------|
| Name..... DOB..... Address: | GP | Consultant | Referred by |
| | Receiving Physio/OT? Y / N | | |
| Tel. No. | Details..... | | |

HISTORY OF PRESENT CONDITION AFFECTED SIDE L R BILATERAL

Medical History

Epilepsy Y / N Controlled Y / N
Fit Frequency:

Details.....

Cardiac arrhythmias Y / N Pacemaker Y / N

Other cardiac impairment Y / N

Details.....

Respiratory problems? Y/N

Details.....

Diabetes Y / N

Details

Skin Problems Y / N

Details

Sensation Problems Y / N

Details

Other (e.g. orthopaedics)

.....

Falls:...Y/N.....Frequency...../Month/Week.....

Injury..... Hospital Y/N.....

Drug History

Botulinum Toxin?

Social History

Climbs stairs? Y / N

Lives with/ family

Assistance with ADLs?

Works?

Drives?

Usual distance walked

Patient's perception of main problem;

Wheelchair user Y/N

Clinician (sign, print name and designation, date)

Initial Assessment for Lower Limb Functional Electrical Stimulation

| | |
|--|-------------------|
| Lower Limb Assessment Range of Movement | Patient Name..... |
| | DOB/ NHS No..... |

| Position of Assessment | Passive ROM | | MRC Scale | | Ashworth Scale | | | |
|---------------------------------|-------------|----------|--------------|------------|----------------|---|---|---|
| Hip | L | R | L | R | Hip | L | R | |
| Flexion | | | | | Flexors | | | |
| Extension | | | | | Extensors | | | |
| Abduction | | | | | Abduction | | | |
| Adduction | | | | | Adduction | | | |
| Knee | L | R | L | R | Knee | L | R | |
| Flexion | | | | | Flexors | | | |
| Extension | | | | | Extensors | | | |
| Ankle | L | R | L | R | Ankle | L | R | |
| Plantarflexion | | | | | Plantarflexors | | | |
| Dorsiflexion | | | | | Dorsiflexors | | | |
| Eversion | | | | | Evertors | | | |
| Inversion | | | | | Invertors | | | |
| Clonus | Right | 0 | 1 | 2 | Left | 0 | 1 | 2 |
| | | 0 = none | 1 = moderate | 2 = severe | | | | |

Gait Analysis

10m WALKING TESTS (if using AFO only)

| | | | |
|--------------------------|-------|--------|-----------|
| WALK 1 (with AFO) | Time: | Speed: | Borg RPE: |
| WALK 2 (with AFO) | Time: | Speed: | Borg RPE: |

Clinician (sign, print name and designation, date)

Initial Assessment for Lower Limb Functional Electrical Stimulation

**Lower Limb Assessment
GAIT**

Patient Name.....
DOB/ NHS No.....

Use of an aid: Y / N (Description).....

Use of orthosis (circle) Using AFO Never used AFO Rejected AFO

Other orthosis

Reason for discarding orthosis
.....

Observed to be independent in transfers and gait necessary for treatment? Y /N
(If no please complete manual handling form)

| Problem List | Tick Box | Treatment |
|-------------------------------|----------|------------------|
| | | Stimulator |
| Unilateral Dropped Foot | | ODFS Pace |
| Bilateral Dropped Foot | | O2CHS |
| Calf Resistance Cause..... | | MS2 or ODFS Pace |
| Other Exercise Cause..... | | MS2 or ODFS Pace |

Suggested Set Up Parameters

Output level

Ramps.....

Electrode positions.....

Other e.g. triggering

Clinician (sign, print name and designation, date)