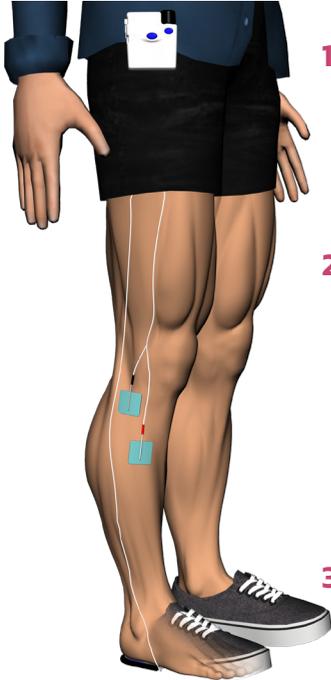


What do we mean by lower and upper limb?

Lower limb refers to improving walking or exercising legs.

Upper limb refers to improving function in arm, shoulder and hand or exercising for strengthening muscles.



Lower Limb Treatment Pathway

1. To determine if FES is a suitable treatment, an assessment is carried out at the nearest OML clinic. If a funding application is required for the treatment, OML will arrange this before treatment can start.
2. Treatment begins with 2 set up appointments. At the first appointment an OML clinician will teach the patient how to use the device and at the second appointment they will check to see if the set up and device are working optimally for the patient and take measurements in order to monitor progress. These appointments are usually 7 to 10 days apart.
3. Follow up appointments are then at 6, 18, 44 weeks and then annually for as long as FES is used.

The treatment pathway is the same whether the patient is receiving NHS funding or privately funding themselves. The sequence and timing of appointments may be varied depending on the patient's needs.

What our FES users say...

“ I couldn't believe how easy it was to walk – because I had forgotten what it was like to walk without thinking! ”



Upper Limb Treatment Pathway

- 1.** To determine if FES is a suitable treatment, an assessment is carried out at the nearest OML clinic. If a funding application is required for the treatment, OML will arrange this before treatment can start.
- 2.** Treatment begins with 1 set up appointment. An OML clinician will guide you on how to use the device and measurements will be taken to monitor your progress.
- 3.** Follow up appointments are typically at 3, 8, 16 and 24 weeks. FES treatment is then withdrawn for 1 month. If the patient's improvement is maintained then the FES treatment is complete. If their improvement is not maintained, treatment may be recommenced and continued for as long as required, subject to funding.

The treatment pathway is the same whether the patient is receiving NHS funding or privately funding themselves. The sequence and timing of appointments may be varied depending on the patient's needs.

All FES treatment packages include the loan of the device, consumables (electrodes, leads etc, but excluding replacement batteries), clinic appointments, clinical and technical support. If treatment is discontinued, the FES device must be returned to OML.

For additional FES treatments offered at OML please refer to our website

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