FES Child or Young Person Treatment Pathway



What do we mean by lower and upper limb?

Lower limb refers to improving walking or exercising legs. **Upper limb** refers to improving function in arm, shoulder and hand or exercising for strengthening muscles.

Lower Limb



Lower Limb Treatment Pathway

- To determine if FES is a suitable treatment, an assessment is carried out at the nearest OML clinic. If a funding application is required for the treatment, OML will arrange this before treatment can start.
- Treatment begins with a set up appointment. At the first appointment an OML clinician will teach the child and parent or carer how to use the device and measurements will be taken to monitor progress.
- 3. Follow up appointments are typically at 6, 18, and 42 weeks and then twice a year for as long as FES is used. Children will transfer to the adult treatment pathway between the ages of 16 to 19.

The treatment pathway is the same whether the patient is receiving NHS funding or privately funding themselves. The sequence and timing of appointments may be varied depending on the patient's needs.

How FES has made a difference...

Benefits are that it is strengthening his legs, his movement, more so when he is running you can see that he's lifting his leg more. He's definitely participating more in school, getting involved with football.

FES Child or Young Person Treatment Pathway



Upper Limb



Upper Limb Treatment Pathway

- To determine if FES is a suitable treatment, an assessment is carried out at the nearest OML clinic. If a funding application is required for the treatment, OML will arrange this before treatment can start.
- Treatment begins with a set up appointment. At the first appointment an OML clinician will teach the child and parent or carer how to use the device and measurements will be taken to monitor progress.
- 3. Follow up appointments are typically at 6, 18, and 42 weeks. FES treatment is then withdrawn for 1 month. If the child's improvement is maintained then the FES treatment is complete. If the child's improvement is not maintained, treatment may be recommenced and continued for as long as required, subject to funding.

The treatment pathway is the same whether the patient is receiving NHS funding or privately funding themselves. The sequence and timing of appointments may be varied depending on the patient's needs.

All FES treatment packages include the loan of the device, consumables, (excluding batteries), clinic appointments, clinical and technical support. If treatment is discontinued, the FES device must be returned to OML.

For additional FES treatments offered at OML please refer to our website

For more information:

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