


Online ODFS® Pace FES course

Duration:	Approximately 8 hours of on-line personal study. This includes practical work where the student will practice using the ODFS® Pace on themselves. Additional time can be spent practicing with the device with your own patients.
Overview:	Have a good understanding of the use of single-channel FES in treating neurological patients to correct dropped foot and other gait deficits.
Training method:	The course is delivered in a series of online presentations and videos. Students practice the using the loaned FES device, first trying it on themselves and then with their own patients.
Tutors	Experienced FES clinicians from the National Clinical FES centre, Salisbury
Training material	Each student is provided with a course booklet which includes the slides and space for their own notes. The course includes a 2 month loan of a ODFS® Pace. Additional background material can be downloaded from the course website.

By the end of the course you will:

- Have an understanding of the theory underpinning clinical application of FES
- Know how to select patients suitable for FES, along with the contraindications and safety precautions for using FES
- Be familiar with the available stimulation parameters and modes in the stimulator
- Have experience in setting up the ODFS® Pace for dropped foot
- Have experience in using the ODFS® Pace for stimulating other muscle groups and in neurorehabilitation
- Have experience in setting up the ODFS® Pace on a patient
- Be able to set up the ODFS® Pace as part of an exercise programme in preparation for gait retraining and basic upper limb applications
- Understand the referral and funding process for referring patients to Salisbury National Clinical FES centre and other OML clinics
- Become an accredited user of the ODFS® Pace and will be able to purchase this device from OML

Any pre-requisites	The course is suitable healthcare professionals working in neurological rehabilitation. There are no pre-requisites for you attending this course, but it is advised that you refresh your knowledge of lower limb anatomy and gait.
Course material	Before the start of the course the course material, stimulator and log-on details will be posted to you. You will have access to the course webpage for 2 months.
Online Seminar	Half way through the course a one hour online seminar will be held. It is recommended that you complete the online presentations in the first month of the course, leaving the 2 nd month for gaining experience with the device. This is an opportunity to ask questions to the tutors and share experience



with other course students. The Zoom link, date and time will be on the course website. Please make time to attend the seminar. The seminar will be recorded and available on the website for the rest of the two month period.

Precautions

During the course you will be asked to use the stimulator on yourself. If you have an implanted electronic device such as a pacemaker, are pregnant or suffer from epilepsy then we ask that you do not try the stimulation on your self but practice with another person without these restrictions. There is no risk from handling the stimulator.

Please note, shaving your legs before the course may make the sensation of stimulation more uncomfortable. Please leave at least 2 days between shaving and trying the stimulation.

CPD Certificate

At the end of the course you can download a certificate. Please note that all compulsory modules must be completed for the certificate to be issued. Please also complete the feedback questionnaire.

Return of stimulators

The stimulator, if not purchased, must be returned by post using the supplied reply envelope, at the end of the 2 month period. If not returned the student will be invoiced for the cost of the device.

Purchase of Devices

Stimulators bought prior to the course starting are subject to a 25% discount. Purchase of stimulators by the end of the course are subject to a 20% discount. Limited to one device per student. Students outside the UK may be asked to purchase a stimulator before starting the course.