

Course details: One day Single Channel ODFS® Pace FES course

Duration	One day
Overview	Have a good understanding of the use of single-channel FES in treating neurological patients to correct dropped foot and other gait deficits.
Training method:	Instructor led (by lecture and demonstration) and by active participation (including using FES on yourself and patient volunteers).
Tutors	Experienced FES clinicians from the National Clinical FES centre, Salisbury
Training material	Course folder (containing copies of all slides and other teaching materials, including instruction manual) and loan of ODFS® Pace for 2-months following the course.

By the end of the course you will:

- Have an understanding of the theory underpinning clinical application of FES
- Know how to select patients suitable for FES, along with the contraindications and safety precautions for using FES
- Be familiar with the available stimulation parameters and modes in the stimulator
- Have experience in setting up the ODFS® Pace for dropped foot
- Have experience in using the ODFS® Pace for stimulating other muscle groups and in neurorehabilitation
- Have experience in setting up the ODFS® Pace on a patient
- Be able to set up the ODFS® Pace as part of an exercise programme in preparation for gait retraining
- Understand the referral and funding process for referring patients to Salisbury National Clinical FES centre and outreach centres
- Become an accredited user of the ODFS® Pace and will be able to purchase this device from OML

You will be able to take home:

- ODFS® Pace kit on loan for a 2-month period
- Course folder plus stimulator instruction manual

Any pre-requisites: There are no pre-requisites for you attending this course, but it is advised that you refresh your knowledge of lower limb anatomy and gait.

Course material: At the start of the course you will be supplied with the course material.

Dress code: Our dress code is casual. Electrodes will need to be applied to the skin over leg and arm muscles, so loose fitting clothing, shorts and a sleeveless top are essential.

Precautions: During the course you will be asked to use the stimulator on yourself. If you have an implanted electronic device such as a pacemaker, are pregnant or suffer from epilepsy then we ask that you are paired up with another student to carry out the practical work. Please note shaving your legs before the course may make the sensation of stimulation more uncomfortable.

At the end of the course you will receive a Certificate of Attendance and asked to provide feedback on the course, by completing an evaluation form.