

## Upgrading from ODFS<sup>®</sup> Pace V1.2 to V1.3

There are a number of differences between V1.2 and V1.3 software versions of the ODFS<sup>®</sup> Pace that change the way the device works.

1. The level is now turned down to 0% instead of 1% to turn off the ODFS<sup>®</sup> Pace.
2. If exercise has been set by the clinician, it is no-longer reached by taking the footswitch plug out. It is now accessed through the User Accessible Menu.
3. **User Accessible Menu.** This new feature allows you to turn on and off the beeps or stimulation audio feedback (SOUNDER), check on how many steps you have taken and swap between walking and exercise modes.
  - First turn on the ODFS<sup>®</sup> Pace and leave paused [P]
  - Press and hold down the control knob until the screen reads WALKING MODE
  - Rotating the control knob brings up the following screens:
    - **TURN OFF?** – click to turn off the ODFS<sup>®</sup> Pace
    - **EXERCISE MODE** – click to enter exercise mode. This is only present if it has been enabled by the clinician.
    - **WALKING MODE** – click to enter walking mode
    - **OPTIONS** – Click to turn ON or OFF **BEEPS** and **SOUNDER**
    - **STEPS** – Gives the total number of steps taken since the last reset.
    - **EXIT** – Click to return to the mode you were in before entering the menu.
  - There are different beeps heard when some screens are displayed, allowing you to choose these options without seeing the screen. There is a high pitch double beep for WALKING MODE, medium pitch double beep for EXERCISE MODE and low pitch double beep for TURN OFF?
4. When you change between walking and exercise modes the output level is reduced to 1%. Reset the level by using the test button and adjusting the level till the right movement is produced.
5. There is now a different sound when the Pause button is pressed for walking and for exercise. This is to give you a feedback in case you have selected the wrong mode; for instance accidentally trying to walk using exercise mode.
6. Exercise mode now has a countdown timer to tell you how long the session has to run. It is also no longer required to turn off and on again the ODFS<sup>®</sup> Pace before exercise can be repeated.
7. If the battery becomes very low while you are walking the ODFS<sup>®</sup> Pace will give a warning beep every 30 seconds. When the Pause button is pressed at the end of the walk a “siren” beep will be given and the REPLACE battery screen will flash.
8. There are now options to allow the ODFS<sup>®</sup> Pace to turn on with the level at 50% and also to adjust the level in 2% and 5% instead of 1% steps. These are settings that can only be changed by the clinician.